



ALL INDIA BHARAT SANCHAR NIGAM LIMITED RETIRED EXECUTIVES' ASSOCIATION

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No.AIBSNLREA/CHQ/2023/34

Date:22nd March 2023

To

Shri S Gopalakrishnan,
Special Secretary & Director General,
Central Government Health Scheme,
New Delhi.

Sub: Suggestion for increasing facility of Ayurvedic/Homeopathic/Unani and other such traditional/holistic medicine in CGHS Wellness Centres.

Sir,

We would like to draw your kind attention towards the need for increasing the now much sought for facility of treatment under traditional/holistic medicine, in the CGHS Wellness Centres.

2. It will be appropriate to point out that Hon'ble Prime Minister had said at the Fourth edition of Global Ayurveda Festival 2021 that "Ayurveda could rightly be identified as a holistic human science. The effect and power of Ayurveda and conventional medicine are tremendous, from the plants to your plate, from physical strength to mental well-being." Government of India has also been promoting traditional medicine like Ayurveda, Siddha & Unani with a separate Ministry of Ayush, seeking to spread the benefits of traditional medicine not only in the country but also abroad. People have also become increasingly aware of the benefits of these traditional medicine and also Homeopathy which are believed to provide natural cure without side effects.

3. This awareness has led to more CGHS beneficiaries looking for such treatment in CGHS wellness centres. There has been an increasing demand for introducing the facility of Ayurvedic, Siddha, Unani, Yoga, Naturopathy and Homeopathy treatment in more wellness centres. We understand that addition of this facility involves a long process and

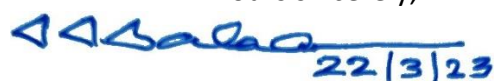
will take time. In order to provide treatment under traditional/holistic medicine to the CGHS beneficiaries, the following are suggested:

1. Facility of ayurvedic and other traditional form of medicines and Homeopathic treatment may be provided on rotating basis once or twice a week and even during fixed hours in more Wellness Centres by utilising the available medical practitioners in the system.
2. DG CGHS in its OM vide F.No.25-01/2018/CGHS/JD AYUSH dated 20th November 2020 had conveyed the decision to start empanelment of private Ayurveda, Yoga & Naturopathy Day Care Therapy Centres on pilot basis for a period of one year in Delhi/NCR Region, along with conditions for such treatment. Subsequently 16 Hospitals/Centres were notified as CGHS empanelled Day Care Therapy Hospital/Centers till 30.03.2022. As more than 2 years have passed, CGHS Directorate will have by now analysed the utility of the arrangement. Based on the study, similar facility of empanelled private Ayurveda, Yoga & Naturopathy Day Care Therapy Centres may be extended to other metropolitan cities viz Mumbai, Kolkata and Chennai, as next step.

4. We shall be thankful, if the above suggestions are duly considered and action as required is taken early.

With kind regards,

Yours sincerely,



(R.R.Balasubramanian)
General Secretary

Encl: As above

Copy to:

1. Dr. Bharati Pravin Pawar,
Minister of State (Health), GOI.